

# LEVERAGE YOUR PERSONALITY TRAITS

## [PART 3 OF 3]

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The questions and exercises below correspond with the lesson video. Complete this worksheet while you watch.

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### COWORKER CONNECTION OPPORTUNITIES

Complete the following questions to build a strategy for connecting with the many different personality types in your office.

*You can use the same person more than once if necessary.*

\_\_\_\_\_ is a **high open**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **low open**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **high conscientious**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **low conscientious**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **high extrovert**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **low extrovert**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **high agreeable**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **low agreeable**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **high neurotic**. One thing I can do to communicate better with them is to:

\_\_\_\_\_ is a **low neurotic**. One thing I can do to communicate better with them is to: